

## Ergebnisliste 21. Oderturm-Lauf - 27.August 2023 Frankfurt (Oder)

StNr.	Platz	Plw	Plm	Name	BL	Verein	Geb.	AK	Pl-Ak	Endzeit	Rückstand
6	1		1	Mrowiec, Kacper	-	Żywiec	1997	m18	1	02:38,18	
17	2		2	Bednarski, Adrian	-	Wroclaw	1989	m30	1	02:48,56	00:10,38
33	3		3	Gall, Matthias	BY	Towerrunning Germany	1979	m40	1	02:51,56	00:13,38
4	4		4	Pfeil, Arved	BE	Berliner Turnerschaft/TRG	1998	m18	2	02:54,11	00:15,93
7	5		5	Rosiński, Jakub	-	Wrocław	1995	m18	3	03:12,75	00:34,57
51	6		6	Flor, Siegfried	BE	Towerrunning Germany	1963	mÜ60	1	03:14,28	00:36,10
10	7		7	Reiche, Matthias	BB	BPOLD Berlin	1993	m30	2	03:18,87	00:40,69
15	8	1		Meier, Cathleen	BB	Happy Runners	1990	w30	3	03:20,74	00:42,56
53	9		8	Weis, Matthias	BE	RC Berliner Bär	1961	mÜ60	2	03:27,67	00:49,49
12	10		9	Koch, Vincent	BY	Schrobenhausen	1993	m30	4	03:30,82	00:52,64
11	11		10	Ulanowski, Dawid	-	Polen	1993	m30	5	03:32,19	00:54,01
44	12		11	Lasser, Michael	BB	Schlaubetaler Bergfreunde	1970	m50	1	03:33,80	00:55,62
8	13		12	Jäger, Franz	BB	Parkour FFO	1994	m18	4	03:35,00	00:56,82
39	14		13	Sirman, Artur	-	CROSS69100	1976	m40	2	03:35,00	00:56,82
49	15		14	Poock, Jörg	BE	Berlin	1965	m50	2	03:42,19	01:04,01
14	16		15	Sudrow, Nico	BB	Frankfurt (Oder)	1990	m30	6	03:43,80	01:05,62
43	17		16	Becker, Ralf	BB	AlpinClub Berlin	1970	m50	3	03:52,98	01:14,80
9	18	2		Pappusch, Sarah	BB	BPOLD Berlin	1994	w18	5	03:58,28	01:20,10
20	19		17	Karadas, Hasan	BY	Fürth	1988	m30	7	04:00,28	01:22,10
31	20		18	Cylke, Patrick	BB	Blankenfelde-Mahlow	1980	m40	3	04:00,78	01:22,60
37	21	3		Becker, Claudia	BE	Berliner Turnerschaft	1977	w40	4	04:02,15	01:23,97
54	22		19	Janssen, Heere Dirks	BE	Berliner Turnerschaft	1960	mÜ60	3	04:03,62	01:25,44
16	23		20	Simons, Wilhelm	BE	Berlin	1989	m30	8	04:07,62	01:29,44
35	24		21	Pethe, Andreas	BB	BPOLD Berlin	1978	m40	5	04:08,85	01:30,67
40	25		22	Heidenreich, Ulf	BB	TRIPOINT	1974	m40	6	04:10,23	01:32,05
30	26	4		Laszczak, Beata	-	Turbak Running Team	1981	w40	7	04:11,02	01:32,84
52	27		23	Kinzel, Joern	BE	RC Berliner Bär	1961	Ü60	4	04:11,72	01:33,54
32	28		24	Briesenick, Ingo	BB	SV Preußen 90 Beeskow	1980	m40	8	04:13,27	01:35,09
2	29	5		Krüger, Cora	BE	BPOLD Berlin	2001	w18	6	04:13,30	01:35,12
25	30		25	Bierwagen, Peter	BB	Frankfurt (Oder)	1984	m30	9	04:15,37	01:37,19
5	31	6		Heinrich, Ilka	BB	BPOLD Berlin	1998	w18	7	04:16,18	01:38,00
42	32	7		Mandel, Claudia	BB		1970	w50	4	04:24,15	01:45,97
45	33		26	Ebert, Torsten	BB	BPOLD Berlin	1967	m50	5	04:32,97	01:54,79
48	34		27	Ebert, Ulf	BB	Frankfurt (Oder)	1966	m50	6	04:41,80	02:03,62
22	35		28	Kaufmann, Enrico	BB	Dahmsdorf	1987	m30	10	04:44,05	02:05,87
60	36		29	Jordan, Helmut	BE	Towerrunning germany	1948	Ü60	5	04:51,33	02:13,15
59	37		30	Hiller, Joachim	BB	MSV-Kutterkameraden	1949	Ü60	6	04:54,22	02:16,04
19	38		31	Franke, Leroy	BB	USC Viadrina	1988	m30	11	04:57,42	02:19,24
36	39		32	Szurka, Daniel	-	NaszeSlubicePL	1977	m40	9	05:03,87	02:25,69
50	40		33	Bitter, Stefan	NW	Towerrunning Germany	1963	Ü60	7	05:09,17	02:30,99
47	41		34	Graßhoff, Holger	BB	BPOLD Berlin	1966	m50	7	05:17,10	02:38,92
57	42		35	Domaschke, Wolfgang	BB	Frankfurt (Oder)	1952	Ü60	8	05:34,61	02:56,43
55	43		36	Marchewski, Lothar	BB	Frankfurt	1954	Ü60	9	05:41,25	03:03,07
58	44		37	Huber, Helmut	BE	LC RON-HILL	1949	Ü60	10	05:49,68	03:11,50
27	45		38	Zoch, Roman	BB	SV Preußen 90 Beeskow	1984	m30	12	05:51,92	03:13,74
38	46	8		Jentsch, Cindy	BB	#trainerincindy	1976	w40	10	05:57,48	03:19,30
28	47		39	Graske, Michael	BB	Beeskow	1983	m40	11	05:57,76	03:19,58
29	48	9		Schmidt, Melanie	BB	Fürstenwalde / Spree	1981	w40	12	06:17,36	03:39,18
41	49	10		Nettesheim, Susanne	BB	Judo Club 90	1973	w50	8	06:31,16	03:52,98
56	50		40	Molchadskiy, Jakob	BB	Frankfurt (Oder)	1953	Ü60	11	06:46,74	04:08,56
26	51		41	Baier, Heiko	SN	Firefighter Team Phoenix	1984	m30	13	08:04,93	05:26,75