



23. Fürstenwalder Cross-Duathlon



Alt Golm - 15.03.2014

Übersicht der Auswertung - U23, Elite, Senioren - 6km - 18km - 3km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
			35	Hoffmann, Rafael	BB / Neuruppin	1970mSEN1 ()	00:30:04 (61) ()	()	()	()		01:07:03
1	1	26	Kopf, Michael	BE / SCC Berlin	1976mAK4 (1)	00:19:24 (2)	00:33:39 (1)	00:53:03 (1)	00:12:16 (4)	01:05:19*	00:00:00	
2	2	24	Meißner, Maximilian	BE / Team Dowe Sportswear	1990mAK1 (1)	00:19:18 (1)	00:36:22 (5)	00:55:40 (2)	00:11:22 (1)	01:07:03	00:01:44	
3	3	30	Hoffmann, Christian	BE / BSV Friesen	1981mAK3 (1)	00:20:42 (4)	00:35:39 (4)	00:56:22 (3)	00:11:55 (2)	01:08:17	00:02:58	
4	4	64	Heinze, Christoph	BE / TVB/Leidig24TriTeam	1984mAK3 (2)	00:20:00 (3)	00:36:51 (6)	00:56:51 (5)	00:12:03 (3)	01:08:55	00:03:36	
5	5	41	Mäde, Stefan	BB / Zeppelin-Team OSC Potsdam	1966mSEN2 (1)	00:21:29 (6)	00:35:29 (3)	00:56:59 (6)	00:13:10 (10)	01:10:09*	00:04:50	
6	6	97	Wagener, Robert	BB / Zeppelin Team OSC Potsdam	1980mAK3 (3)	00:21:35 (8)	00:35:04 (2)	00:56:40 (4)	00:13:52 (15)	01:10:33*	00:05:13	
7	7	28	Descher, Christoph	BB / TLV Rangsdorf	1980mAK3 (4)	00:20:58 (5)	00:39:19 (11)	01:00:18 (7)	00:12:19 (5)	01:12:38	00:07:18	
8	8	96	Hümbert, Martin	BB / JOLSPORT / OSC Potsdam	1982mAK3 (5)	00:21:37 (9)	00:38:45 (8)	01:00:23 (8)	00:12:37 (6)	01:13:00	00:07:40	
9	9	98	Baumgärtner, Dieter	BB / Bernauer Lauffreunde	1969mSEN2 (2)	00:21:34 (7)	00:40:32 (15)	01:02:07 (9)	00:12:48 (8)	01:14:55	00:09:35	
10	10	89	Foerster, Tim	BB / MSV Tripoint Ffo	1982mAK3 (6)	00:23:21 (14)	00:39:41 (14)	01:03:03 (10)	00:13:24 (12)	01:16:28	00:11:08	
11	11	85	Schulz, David	BB / MSV Tripoint Frankfurt/O	1982mAK3 (7)	00:22:54 (10)	00:40:55 (19)	01:03:50 (13)	00:13:02 (9)	01:16:53	00:11:33	
12	12	68	Reinwald, Jens	BB / TV Fürstenwalde 1990 e.V.	1972mSEN1 (1)	00:23:52 (17)	00:39:15 (9)	01:03:07 (11)	00:14:07 (17)	01:17:14	00:11:54	
13	13	25	Rohmann, Nic	BB / Bernauer Lauffreunde e.V.	1967mSEN2 (3)	00:24:56 (28)	00:38:25 (7)	01:03:22 (12)	00:14:12 (19)	01:17:34	00:12:15	
14	14	72	Lemberg, Martin	BB / PAIN IS TEMPORARY	1982mAK3 (8)	00:23:03 (12)	00:42:03 (23)	01:05:07 (18)	00:12:47 (7)	01:17:54	00:12:34	
15	15	17	Sander, Mario	BB / Zeppelin Team OSC Potsdam	1966mSEN2 (4)	00:24:10 (21)	00:40:40 (17)	01:04:50 (16)	00:13:56 (16)	01:18:47	00:13:27	
16	16	56	Bettge, Dirk	BE / Sisu Berlin	1967mSEN2 (5)	00:25:51 (36)	00:39:15 (10)	01:05:06 (17)	00:14:40 (26)	01:19:46	00:14:27	
17	17	16	Böhme, Nico	BE / Nautilus Training Berlin	1971mSEN1 (2)	00:24:38 (26)	00:39:40 (13)	01:04:19 (14)	00:15:34 (35)	01:19:53*	00:14:33	
18	18	53	Linke, Falk	BE / TLV Rangsdorf	1981mAK3 (9)	00:24:05 (20)	()	()	()	01:19:58*	00:14:39	
19	19	40	Altenkirch, Volker	BB / DLRG Luckenwalde	1967mSEN2 (6)	00:25:02 (29)	00:39:30 (12)	01:04:32 (15)	00:15:35 (36)	01:20:08*	00:14:48	
20	20	18	Sander, Jonathan	BB / Zeppelin Team OSC Potsdam	1996mJUN (1)	00:24:47 (27)	00:41:07 (21)	01:05:55 (19)	00:14:43 (28)	01:20:39	00:15:19	
21	21	38	Stoldt, Thomas	BE / SV Berlin Chemie	1968mSEN2 (7)	00:25:11 (31)	00:41:30 (22)	01:06:41 (21)	00:14:16 (21)	01:20:58	00:15:38	
22	22	71	Mistareck, Olaf	BB / TLV Rangsdorf	1964mSEN3 (1)	00:24:03 (19)	00:43:45 (33)	01:07:49 (27)	00:13:22 (11)	01:21:12	00:15:52	
23	23	21	Bartusch, Jörn	BB / TV Fürstenwalde	1969mSEN2 (8)	00:23:24 (15)	00:44:11 (34)	01:07:35 (23)	00:13:38 (14)	01:21:14	00:15:54	
24	24	31	Schmidt, Mike	BE / Velocityberlin.de	1974mSEN1 (3)	00:25:27 (34)	00:40:50 (18)	01:06:18 (20)	00:15:11 (34)	01:21:29	00:16:10	
25	25	36	Bräsel, Michael	BE / Nysa Running Team	1974mSEN1 (4)	00:24:21 (25)	00:43:02 (25)	01:07:23 (22)	00:14:10 (18)	01:21:34	00:16:14	
26	26	90	Brendel, Rico	BB / SV Stahl Hennigsdorf	1972mSEN1 (5)	00:24:13 (22)	00:43:31 (31)	01:07:44 (26)	00:14:31 (24)	01:22:15	00:16:55	
27	27	74	Saremba, Andreas	BB / Eberswalder Schwimmverein	1969mSEN2 (9)	00:23:00 (11)	00:45:51 (41)	01:08:52 (32)	00:13:27 (13)	01:22:19	00:16:59	
28	28	88	Redlich, Sebastian	BB / TV Fürstenwalde 1990 e.V.	1986mAK2 (1)	00:24:20 (24)	00:43:19 (29)	01:07:39 (25)	00:14:47 (29)	01:22:27	00:17:07	
29	29	79	Becker, Martin	BE / SV Berlin-Chemie Adlersho	1973mSEN1 (6)	00:24:18 (23)	00:43:18 (28)	01:07:37 (24)	00:15:02 (31)	01:22:39*	00:17:20	
30	30	58	Kreusel, Christian	BE / 1. FC Union Berlin	1977mAK4 (2)	00:25:44 (35)	00:42:39 (24)	01:08:23 (30)	00:14:22 (22)	01:22:46	00:17:26	
31	31	47	Druska, Frank	BE / TV 06 Thalmässing	1970mSEN1 (7)	00:23:19 (13)	00:45:02 (39)	01:08:21 (29)	00:14:28 (23)	01:22:50*	00:17:30	
32	32	78	Seiler, Karl	BB / TLV Rangsdorf	1990mAK1 (2)	00:26:48 (43)	00:41:06 (20)	01:07:55 (28)	00:15:40 (37)	01:23:35	00:18:16	
33	33	100	Exner, Rene	BB / Bernauer Lauffreunde e.V.	1971mSEN1 (8)	00:26:05 (38)	00:43:12 (27)	01:09:18 (33)	00:14:40 (27)	01:23:58	00:18:38	
34	34	51	Hertrampf, Maximilian	BB / Triathlon Spreewald e.V.	1989mAK2 (2)	00:23:55 (18)	00:45:38 (40)	01:09:34 (34)	00:15:04 (32)	01:24:38	00:19:18	
35	35	49	Misera, Silvio	BB / Rennschnecken Cottbus	1969mSEN2 (10)	00:23:49 (16)	00:46:37 (48)	01:10:26 (38)	00:14:15 (20)	01:24:42	00:19:22	
36	36	69	Erdmann, Lars	BB / Trebbin	1972mSEN1 (9)	00:25:04 (30)	00:44:47 (36)	01:09:52 (35)	00:14:58 (30)	01:24:51	00:19:31	
37	37	70	Krause, Thilo	BB / MSV Tripoint Ffo.	1966mSEN2 (11)	00:25:22 (32)	00:45:01 (38)	01:10:23 (37)	00:14:39 (25)	01:25:02	00:19:43	
38	38	60	Krüger, Thomas	BE / PTC-BERLIN / Velox BERLI	1967mSEN2 (12)	00:28:04 (54)	00:40:35 (16)	01:08:39 (31)	00:16:29 (48)	01:25:09*	00:19:50	
39	39	43	Uhthoff, Thomas	BB / Neuenhagen	1978mAK4 (3)	00:27:06 (47)	00:43:05 (26)	01:10:12 (36)	00:16:08 (44)	01:26:20	00:21:00	
40	40	77	Götze, Björn	BB / Teamwork Berlin	1972mSEN1 (10)	00:27:13 (48)	00:43:37 (32)	01:10:50 (41)	00:16:01 (41)	01:26:52	00:21:32	
41	41	63	Hümbert, Christoph	BB / Zeppelin-Team OSC Potsdam	1981mAK3 (10)	00:26:13 (39)	00:44:31 (35)	01:10:45 (40)	00:16:44 (52)	01:27:30	00:22:10	
42	42	23	Wagner, Gerald	BB / Tri Team Senftenberg	1968mSEN2 (13)	00:25:23 (33)	00:46:19 (45)	01:11:42 (42)	00:16:00 (40)	01:27:43*	00:22:23	
43	43	65	Knappe, Steffen	BB / TV Fürstenwalde	1967mSEN2 (14)	()	()	01:10:30 (39)	00:17:16 (56)	01:27:46	00:22:26	
44	44	92	Bauer, Patrick	BB / sv stahl hennigsdorf	1989mAK2 (3)	00:26:46 (42)	00:44:57 (37)	01:11:43 (43)	00:16:07 (43)	01:27:50	00:22:30	
45	1	27	Dommel, Norma	BE / SCC Berlin	1970wSEN1 (1)	00:26:57 (45)	00:45:55 (42)	01:12:52 (47)	00:15:10 (33)	01:28:02	00:22:43	
46	45	75	Lösecke, Andreas	BB / Ruppiner Triathlon Verein	1967mSEN2 (15)	00:26:35 (40)	00:45:57 (43)	01:12:32 (46)	00:15:44 (38)	01:28:16	00:22:57	
47	46	55	Richter, Andreas	BE / Berlin	1968mSEN2 (16)	00:25:53 (37)	00:46:25 (46)	01:12:18 (45)	00:16:35 (49)	01:28:54*	00:23:35	
48	47	80	Rühmer, Heiko	BE / SV Berlin-Chemie	1970mSEN1 (11)	00:28:26 (56)	00:43:27 (30)	01:11:54 (44)	00:17:24 (58)	01:29:18*	00:23:58	
49	48	48	Kern, Christian	BB / Rangsdorf	1983mAK3 (11)	00:27:14 (49)	00:46:37 (47)	01:13:51 (48)	00:16:25 (47)	01:30:17	00:24:57	

Weitere Infos zu Wettkämpfen und Ergebnislisten unter www.stoppuhr.net,

ACHTUNG! Nicht zurück gegebene Transponder werden mit 15,00 Euro in Rechnung gestellt.



23. Fürstenwalder Cross-Duathlon



Alt Golm - 15.03.2014

Übersicht der Auswertung - U23, Elite, Senioren - 6km - 18km - 3km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
50	49	20		Schmidt, Martin	BB / SV Stahl Hennigsdorf	1984mAK3 (12)	00:28:21 (55)	00:46:10 (44)	01:14:31 (49)	00:16:21 (46)	01:30:53	00:25:33
51	50	67		Pawlica, Mario	BE / Team Wadenkrampf Berlin	1963mSEN3 (2)	00:27:22 (50)	00:48:09 (50)	01:15:32 (52)	00:16:03 (42)	01:31:35	00:26:15
52	51	52		Wicovsky, Johannes	BE / Teamwork Berlin e.V.	1994mAK1 (3)	00:26:59 (46)	00:48:02 (49)	01:15:02 (50)	00:16:57 (53)	01:31:59	00:26:40
53	52	73		Loskant, Mario	BB / Ruppiner Triathlon Verein	1965mSEN2 (17)	00:27:29 (51)	00:48:56 (55)	01:16:26 (53)	00:15:52 (39)	01:32:19	00:26:59
54	53	33		Seidel, Torsten	BB / SV Neptun 08 Finsterwalde	1969mSEN2 (18)	00:26:42 (41)	00:48:39 (53)	01:15:21 (51)	00:17:06 (55)	01:32:28	00:27:08
55	54	82		Frenzel, Peter	BB / Rietz-Neuendorf	1966mSEN2 (19)	00:27:56 (53)	00:48:39 (52)	01:16:36 (54)	00:17:44 (60)	01:34:20	00:29:00
56	55	22		Tertel, Dirk	BB / Fläming Hüpfen	1968mSEN2 (20)	00:29:07 (57)	00:50:01 (58)	01:19:09 (55)	00:16:11 (45)	01:35:20	00:30:00
57	56	59		Schmiele, Frank	BE / PTC-BERLIN / Velox BERLIN	1955mSEN4 (1)	00:31:32 (68)	00:48:20 (51)	01:19:52 (57)	00:18:14 (62)	01:38:07*	00:32:47
58	57	94		Zippel, Markus	BB / SV Stahl Hennigsdorf	1970mSEN1 (12)	00:29:30 (60)	00:52:43 (63)	01:22:14 (62)	00:16:36 (50)	01:38:51	00:33:31
59	58	62		Zömer, Hartwig	BB / MSV Tripoint Ffo.	1952mSEN5 (1)	00:31:01 (65)	00:48:44 (54)	01:19:46 (56)	00:19:22 (66)	01:39:08	00:33:48
60	59	32		Hauptvogel, Klaus	BB / Tri-Team-Senftenberg	1951mSEN5 (2)	00:29:29 (59)	00:52:27 (62)	01:21:57 (60)	00:17:18 (57)	01:39:16	00:33:56
61	60	86		Bachmann, Achim	BE / Team Wadenkrampf Berlin	1961mSEN3 (3)	00:27:32 (52)	00:55:10 (67)	01:22:42 (63)	00:16:42 (51)	01:39:24	00:34:05
62	61	66		Siegel, Heiko	BB / Team Cantona	1972mSEN1 (13)	00:30:57 (64)	00:49:16 (56)	01:20:14 (58)	00:19:33 (67)	01:39:47	00:34:27
63	62	50		Schmidt, Gundolf	BB / Luckauer Läuferbund	1967mSEN2 (21)	00:31:02 (66)	00:51:07 (59)	01:22:09 (61)	00:18:06 (61)	01:40:15	00:34:55
64	63	19		Duesterbeck, Marco	BB / Ruppiner Triathlon Verein	1972mSEN1 (14)	00:32:14 (70)	00:49:21 (57)	01:21:35 (59)	00:19:18 (65)	01:40:54	00:35:34
65	64	83		Elsner, Wolfgang	NI / VfB Fallersleben	1957mSEN4 (2)	00:31:12 (67)	00:53:26 (64)	01:24:38 (65)	00:17:05 (54)	01:41:43	00:36:24
66	2	57		Lau, Charlotte	BE / Wasserratten	1996wJUN (1)	00:31:33 (69)	00:51:18 (60)	01:22:52 (64)	00:19:49 (69)	01:42:42	00:37:23
67	65	44		Perko, Karsten	BE / TLV Rangsdorf	1967mSEN2 (22)	00:29:20 (58)	00:57:49 (69)	01:27:10 (69)	00:17:41 (59)	01:44:51*	00:39:32
68	66	95		Lange, Herbert	BB / SV Stahl Hennigsdorf	1946mSEN6 (1)	00:30:42 (62)	00:54:19 (66)	01:25:02 (66)	00:19:53 (70)	01:44:55	00:39:35
69	3	46		Kröger, Maja	BE / LC Stolpertruppe Berlin	1966wSEN2 (1)	00:33:21 (71)	00:53:44 (65)	01:27:05 (68)	00:18:15 (63)	01:45:21	00:40:01
70	67	37		von Chranowski, Lars	BE / Weltraumjogger Berlin	1974mSEN1 (15)	00:34:46 (75)	00:52:06 (61)	01:26:52 (67)	00:19:37 (68)	01:46:30	00:41:10
71	68	93		Franke, Norbert	BB / SV Stahl Hennigsdorf	1950mSEN5 (3)	00:30:50 (63)	00:58:51 (70)	01:29:42 (70)	00:18:39 (64)	01:48:21	00:43:02
72	69	81		Meißner, Helge	BE / Weltraumjogger Berlin	1976mAK4 (4)	00:33:28 (72)	00:56:45 (68)	01:30:14 (71)	00:21:16 (72)	01:51:30*	00:46:10
73	70	99		Manzel, Andreas	BE / Teamwork Berlin e.V.	1958mSEN4 (3)	00:34:58 (76)	00:59:00 (71)	01:33:58 (72)	00:20:14 (71)	01:54:13	00:48:53
74	71	91		Ehlers, Michael	BB / SV Stahl Hennigsdorf	1959mSEN4 (4)	00:34:44 (74)	01:02:30 (72)	01:37:15 (73)	00:22:30 (73)	01:59:45	00:54:25
75	4	84		Elsner, Anne Marie	HH / FC St. Pauli	1958wSEN4 (1)	00:38:44 (77)	01:08:10 (73)	01:46:54 (74)	00:22:38 (74)	02:09:33	01:04:13
===== ausgeschiedene Teilnehmer =====												
		76		Lagemann, Godo	BE / Rapid Ramirez Sektion Ber	1964mSEN3 (0)	00:34:25 (73)	(0)	(0)	(0)	DNF	
		87		Schönfeld, Andreas	BB / Werder	1977mAK4 (0)	00:26:52 (44)	(0)	(0)	(0)	DNF	