

30. Oderpokallauf

Frankfurt (Oder) - 29.05.2011

Übersicht der Auswertung - Lauf - 10 km

Platz	Plw	Plm	StNr.	Name, Vorname	Verein	Geb.	AK	Endzeit	Rückst.
1		1	147	Hähnel, Hannes	LG HOLZINGER Frankfurt	1986	M20 (1)	00:35:01	00:00:00
2		2	134	Schweter, Michael	Rauen	1961	M50 (1)	00:38:22	00:03:21
3		3	152	Ledwig, Robert	Diehloer Hügelläufer	1988	M20 (2)	00:38:54	00:03:52
4		4	131	Kiele, Christian	MSV TRIPOINT Ffo.	1980	M30 (1)	00:38:58	00:03:57
5		5	111	Scheffler, Jens	Bernauer Lauffreunde	1967	M40 (1)	00:39:18	00:04:16
6		6	144	Gogolin, Thomas	MSV TRIPOINT Ffo.	1976	M35 (1)	00:39:36	00:04:35
7		7	207	Schlauff, Torsten	LG HolZINGER Frankfurt	1987	M20 (3)	00:39:37	00:04:35
8		8	213	Köhler, Mike	MSV TRIPOINT FFO.	1972	M35 (2)	00:39:43	00:04:42
9		9	149	Ledwig, Torsten	Diehloer Hügelläufer	1965	M45 (1)	00:39:51	00:04:50
10		10	108	Geiger, Jens	SMV Eisenhüttenstadt	1977	M30 (2)	00:40:05	00:05:04
11	1		121	Mattern, Carolin	OSC Berlin	1983	W20 (1)	00:40:20	00:05:19
12		11	112	Krause, Thilo	MSV TRIPOINT Ffo.	1966	M45 (2)	00:40:38	00:05:37
13		12	178	Klemt, Mathias	WSG 81 KWH	1971	M40 (2)	00:40:45	00:05:43
14		13	161	Gärtner, Olaf	MSV TRIPOINT FFO.	1971	M40 (3)	00:41:01	00:05:59
15		14	176	Foerster, Tim	MSV TRIPOINT Ffo.	1982	M20 (4)	00:41:39	00:06:38
16		15	146	Schulze, Daniel	VS Potsdam	1978	M30 (3)	00:41:43	00:06:41
17		16	143	Haby, Dirk Markus	BSG Pneumant Fürstenwalde	1970	M40 (4)	00:41:46	00:06:45
18		17	106	Babisch, Thomas	SMV Eisenhüttenstadt	1983	M20 (5)	00:43:12	00:08:11
19		18	196	Schulze, André	TV Fürstenwalde	1979	M30 (4)	00:43:16	00:08:15
20		19	212	Messing, Andreas	MSV TRIPOINT Ffo.	1963	M45 (3)	00:43:54	00:08:53
21		20	199	Witter, Frank	BSG Stahl Ebst.	1972	M35 (3)	00:44:19	00:09:18
22		21	197	Münnich, Sebastian	MSV TRIPOINT FFO.	1978	M30 (5)	00:44:20	00:09:19
23		22	107	Müller, Andreas	SMV Eisenhüttenstadt	1959	M50 (2)	00:44:41	00:09:40
24		23	140	Sasse, Dieter	SMV Eisenhüttenstadt	1948	M60 (1)	00:45:20	00:10:18
25		24	203	Zörner, Eric	MSV TriPOINT Ffo.	1978	M30 (6)	00:45:26	00:10:24
26		25	118	Rehfeld, Hartmut	STG Lichtenberg-Pagum	1968	M40 (5)	00:45:27	00:10:25
27		26	185	Krüger, Thomas	MSV Tripoint Frankfurt	1977	M30 (7)	00:45:28	00:10:27
28		27	190	Stegemann, Carsten	STG Lichtenberg-Pagum	1967	M40 (6)	00:45:55	00:10:54
29		28	168	Liebe, Wolf-Ullrich	BSG Pneumant Füwa	1960	M50 (3)	00:46:09	00:11:08
30		29	200	Marschallek, Stephan	BSG Pneumant Fürstenwalde	1975	M35 (4)	00:46:25	00:11:24
31		30	145	Betke, Heiko	Waldläufer Pieskow	1957	M50 (4)	00:46:43	00:11:41
32		31	171	Diesel, Karsten	Frankfurt (Oder)	1970	M40 (7)	00:46:46	00:11:45
33		32	115	Muhs, Matthias	TV - Fürstenwalde	1962	M45 (4)	00:46:50	00:11:49
34		33	142	Krüger, Klaus-Stefan	MSV TRIPOINT Ffo.	1950	M60 (2)	00:46:51	00:11:49
35	2		109	Kusche, Doreen	SMV Eisenhüttenstadt	1981	W30 (1)	00:46:55	00:11:54
36		34	167	Luckow, Norbert	VS Hennickendorf	1952	M55 (1)	00:47:17	00:12:15
37		35	138	Drössler, Charly	Berlin	1970	M40 (8)	00:47:23	00:12:22
38		36	139	Zörner, Hartwig	MSV TRIPOINT Ffo.	1952	M55 (2)	00:48:12	00:13:11
39		37	125	Antoszewski, Peter	Libbichtalläufer	1958	M50 (5)	00:48:25	00:13:23
40		38	184	Marquardt, Thomas	Briesen/Mark	1978	M30 (8)	00:48:46	00:13:44
41		39	119	Krüger, Bodo	Volkssport Ffo.	1953	M55 (3)	00:49:49	00:14:48
42	3		214	Skeries, Alexandra	BSG Pneumant Fürstenwalde	1978	W30 (2)	00:50:00	00:14:58
43		40	173	Richter, Thomas	Frankfurt (Oder)	1963	M45 (5)	00:50:23	00:15:22
44		41	186	Bauer, Andreas	WSG81 Königs Wusterhausen	1960	M50 (6)	00:50:43	00:15:42
45		42	204	Freitag, Thomas	Berlin	1956	M55 (4)	00:50:59	00:15:58
46	4		150	Ledwig, Beate	Diehloer Hügelläufer	1966	W45 (1)	00:51:03	00:16:02
47		43	205	Stapf, Dietmar	LG HOLZINGER FFO.	1948	M60 (3)	00:51:15	00:16:13
48		44	165	Diener, Sven	BSG Edeka Minden	1973	M35 (5)	00:51:44	00:16:43
49	5		127	Heret, Claudia	BSG Pneumant Fürstenwalde	1968	W40 (1)	00:51:52	00:16:50
50	6		181	Rockräschel, Dagmar	TSG Seelow	1964	W45 (2)	00:51:57	00:16:55

30. Oderpokallauf

Frankfurt (Oder) - 29.05.2011

Übersicht der Auswertung - Lauf - 10 km

Platz	Plw	Plm	StNr.	Name, Vorname	Verein	Geb.	AK	Endzeit	Rückst.
51		45	113	Weber, Stefan	Berlin	1967	M40 (9)	00:52:53	00:17:51
52	7		191	Stegemann, Steffi	STG Lichtenberg	1967	W40 (2)	00:53:06	00:18:05
53		46	206	Glasneck, Manfred	MSV TRIPOINT FFO.	1941	M70+ (1)	00:53:15	00:18:14
54		47	122	Radue, Jürgen	VS Frankfurt/Oder	1953	M55 (5)	00:53:18	00:18:17
55		48	128	Menzer, Siegfried	WSG 81 KönigsWusterhausen	1940	M70+ (2)	00:54:39	00:19:38
56	8		141	Krüger, Sigrid	MSV TRIPOINT Ffo.	1950	W60 (1)	00:54:44	00:19:43
57		49	114	Köthe, Stefan	Team Mölsner Express	1977	M30 (9)	00:54:53	00:19:51
58		50	211	Macht, Michael	LG HOLZINGER FFO.	1958	M50 (7)	00:55:29	00:20:28
59	9		160	Lipinsky, Claudia	MSV TRIPOINT Ffo.	1983	W20 (2)	00:55:50	00:20:49
60		51	162	Unrau, Jürgen	Lauf-Masche	1942	M65 (1)	00:55:59	00:20:58
61		52	169	Lemanski, Tino	Fürstenwalde	1975	M35 (6)	00:56:27	00:21:25
62	10		172	Richter, Genia	VS Frankfurt / Oder	1959	W50 (1)	00:56:32	00:21:31
63		53	123	Bogs, Jürgen	MSV TRIPOINT Ffo.	1941	M70+ (3)	00:57:03	00:22:02
64	11		133	Bockel, Kati	WSG 81 KönigsWusterhausen	1948	W60 (2)	00:57:10	00:22:09
65		54	195	Koch, Stefan	Bad Saarow	1958	M50 (8)	00:57:21	00:22:20
66		55	117	Köthe, Rainer	Team Mölsner Express	1949	M60 (4)	00:57:29	00:22:27
67		56	129	Arlt, Manfred	WSG 81 KönigsWusterhausen	1936	M70+ (4)	00:57:55	00:22:53
68	12		180	Grundmann, Doris	TSG Seelow	1972	W35 (1)	00:57:58	00:22:57
69		57	166	Presch, Hans	LG Bremen-Nord	1938	M70+ (5)	00:58:27	00:23:26
70	13		201	Nauck, Heike	BSG Stahl Ebst.	1969	W40 (3)	00:58:30	00:23:29
71	14		198	Suchorski, Anissa	BSG Stahl Ebst	1974	W35 (2)	00:58:33	00:23:32
72	15		187	Swanton, Birgit	Frankfurt (Oder)	1955	W55 (1)	00:59:05	00:24:04
73		58	194	Wagner, Klaus	BSG Pneumant Fürstenwalde	1950	M60 (5)	00:59:17	00:24:16
74		59	126	Scholz, Werner	1.RLV Eisenhüttenstadt 02	1943	M65 (2)	00:59:18	00:24:17
75		60	164	Roggan, Wilhelm	Ruderclub Beeskow	1943	M65 (3)	00:59:33	00:24:32
76	16		183	Seiler, Antje	TSG Seelow	1972	W35 (3)	01:00:12	00:25:10
77	17		132	Potyka, Sylva	Frankfurt/Oder	1969	W40 (4)	01:00:24	00:25:22
78		61	188	Martin, Michael	WSG81 Königs Wusterhausen	1948	M60 (6)	01:01:07	00:26:05
79	18		135	Schnabel, Birgit	Lieblingsläufer	1957	W50 (2)	01:04:15	00:29:14