



# 32. Fürstenwalder Cross-Duathlon



## Rauen - 06.04.2024

### Übersicht der Auswertung - U23, Elite, Senioren - 6-18-3 km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
1		1	42	Lehmann, Ronald	BB / TVF/Erdinger Active Team	1993mAK30 (1)	00:23:48 (1)	00:45:25 (1)	01:09:14 (1)	00:10:29 (1)	01:19:43	00:00:00
2		2	4	Graupe, Sven	BB / Run and Bike Bernau	1973mAK50 (1)	00:25:13 (2)	00:47:28 (3)	01:12:41 (3)	00:12:01 (2)	01:24:43	00:04:59
3		3	36	Daßler, Ingmar	BB / TSV Cottbus	1985mAK35 (1)	00:26:37 (3)	00:46:00 (2)	01:12:38 (2)	00:12:06 (3)	01:24:45	00:05:01
4		4	17	Hackmann, Martin	BB / LTC Berlin	1967mAK55 (1)	00:26:45 (4)	00:50:01 (4)	01:16:47 (4)	00:12:25 (5)	01:29:12	00:09:29
5		5	16	Uhthoff, Bernd	BE / Berlin	1978mAK45 (1)	00:28:03 (8)	00:50:42 (5)	01:18:45 (5)	00:12:45 (6)	01:31:31	00:11:47
6		6	31	Beyer, Volker	BB / Ahrensfelde	1980mAK40 (1)	00:29:04 (10)	00:53:12 (8)	01:22:17 (8)	00:12:09 (4)	01:34:27	00:14:43
7		7	22	Frank Aulich, Frank	BB / TV Fürstenwalde	1975mAK45 (2)	00:27:50 (6)	00:53:58 (11)	01:21:49 (6)	00:13:17 (9)	01:35:07	00:15:23
8		8	8	Tschendel, Michael	BB / Run and Bike Bernau	1980mAK40 (2)	00:29:32 (11)	00:53:54 (10)	01:23:27 (9)	00:12:58 (7)	01:36:25	00:16:42
9		9	40	Reinwald, Jens	BB / TV Fürstenwalde 1990 e.V.	1972mAK50 (2)	00:30:57 (14)	00:51:11 (6)	01:22:08 (7)	00:15:55 (21)	01:38:04	00:18:20
10	1		43	Kulling, Marianne Juliane	BB / Schwielochsee	1997wAK25 (1)	00:27:53 (7)	00:58:56 (22)	01:26:50 (14)	00:13:03 (8)	01:39:53	00:20:09
11		10	26	Hell, Andreas	BB / MSV Tripoint	1971mAK50 (3)	00:29:46 (12)	00:56:37 (15)	01:26:23 (12)	00:13:36 (11)	01:40:00	00:20:16
12		11	27	Altenkirch, Volker	BB / DLRG-Luckenwalde	1967mAK55 (2)	00:31:50 (18)	00:52:51 (7)	01:24:42 (10)	00:15:23 (19)	01:40:05	00:20:22
13		12	33	Bönisch, Sebastian	BB / TSV Cottbus	1976mAK45 (3)	00:28:12 (9)	00:58:32 (19)	01:26:44 (13)	00:13:38 (12)	01:40:23	00:20:40
14		13	23	Friese, Andreas	BB / Zeppelin Team OSC Potsdam	1967mAK55 (3)	00:31:35 (17)	00:53:48 (9)	01:25:23 (11)	00:16:30 (27)	01:41:54	00:22:10
15		14	12	Henneberg, Jens	BB / SSV Hohen Neuendorf	1980mAK40 (3)	00:30:25 (13)	00:57:41 (17)	01:28:07 (17)	00:14:10 (13)	01:42:18	00:22:34
16		15	29	Urban, Constantin	BB / Hohen Neuendorf	1973mAK50 (4)	00:31:52 (19)	00:55:18 (13)	01:27:11 (15)	00:15:57 (22)	01:43:08	00:23:25
17		16	19	Barke, Matthias	BB / Bernauer Lauffreunde eV	1976mAK45 (4)	00:33:25 (26)	00:54:39 (12)	01:28:05 (16)	00:16:04 (25)	01:44:09	00:24:26
18	2		5	Tittel, Pia	BB / Bernauer Lauffreunde	2006wJUN (1)	00:32:22 (22)	00:56:28 (14)	01:28:50 (18)	00:16:04 (24)	01:44:54	00:25:11
19		17	10	Gottschall, Stefan	BB / ASV Zeuthen	1973mAK50 (5)	00:33:11 (24)	00:56:55 (16)	01:30:06 (20)	00:15:13 (17)	01:45:20	00:25:36
20		18	35	Brandt, Matthias	BB / Neptun 08 Finsterwalde	1977mAK45 (5)	00:31:22 (16)	00:58:29 (18)	01:29:52 (19)	00:16:03 (23)	01:45:55*	00:26:12
21		19	13	Talabudzinow, Olaf	BB / Bernauer Lauffreunde	1963mAK60 (1)	00:32:22 (21)	00:58:40 (21)	01:31:02 (21)	00:15:01 (16)	01:46:04	00:26:20
22		20	39	Haby, Dirk Markus	BB / TV Fürstenwalde 1990 e.V.	1970mAK50 (6)	00:31:18 (15)	01:00:45 (24)	01:32:03 (22)	00:14:41 (15)	01:46:45	00:27:01
23	3		11	Domaschke, Claudia	BE / ASV Zeuthen	1982wAK40 (1)	00:34:02 (28)	00:58:34 (20)	01:32:36 (23)	00:15:18 (18)	01:47:54	00:28:10
24		21	45	Fanter, Guido	BB / Bad Saarow	1976mAK45 (6)	00:33:03 (23)	01:00:29 (23)	01:33:33 (24)	00:14:30 (14)	01:48:03	00:28:19
25		22	38	Ribak, Lawrence	BB / TV Fürstenwalde 1990 e.V.	2005mJUN (1)	00:33:13 (25)	01:03:18 (29)	01:36:31 (27)	00:13:21 (10)	01:49:53	00:30:09
26		23	30	Oestreich, Thomas	BE / KSV Ajax-Neptun Berlin	1972mAK50 (7)	00:31:58 (20)	01:02:39 (28)	01:34:38 (25)	00:15:25 (20)	01:50:03	00:30:20
27		24	28	Kortekamp, Karsten	BB / Ruppiner Sportverein	1959mAK65 (1)	00:34:20 (30)	01:01:51 (26)	01:36:12 (26)	00:16:36 (28)	01:52:48	00:33:04
28		25	6	Stegemann, Bert	BE / Dauerbrenner Berlin	1968mAK55 (4)	00:34:10 (29)	01:03:50 (30)	01:38:00 (28)	00:16:13 (26)	01:54:14	00:34:30
29	4		41	Reinwald, Peggy	BB / TV Fürstenwalde 1990 e.V.	1975wAK45 (1)	00:36:15 (33)	01:02:07 (27)	01:38:22 (29)	00:17:26 (32)	01:55:49	00:36:05
30		26	24	Schmidt, André	ST / SV Einheit Wittenberg	1976mAK45 (7)	00:37:34 (36)	01:00:49 (25)	01:38:24 (30)	00:19:08 (35)	01:57:32	00:37:48
31		27	20	Kulling, Ulf	BB / TV Fürstenwalde	1967mAK55 (5)	00:35:05 (31)	01:06:28 (31)	01:41:33 (31)	00:18:39 (34)	02:00:12	00:40:28
32		28	37	Zielsdorf, Lothar	BB / SV Stahl Hennigsdorf	1980mAK40 (4)	00:33:59 (27)	01:12:52 (33)	01:46:51 (32)	00:17:21 (31)	02:04:13	00:44:29
33		29	3	Liepherr, Carsten	BB / Müllrose	1986mAK35 (2)	00:35:22 (32)	01:13:19 (34)	01:48:41 (34)	00:16:56 (29)	02:05:38	00:45:54
34		30	15	Nabrat, Gerrit	BB / Luckauer Läuferbund	1969mAK55 (6)	00:37:02 (35)	01:10:35 (32)	01:47:37 (33)	00:18:18 (33)	02:05:56	00:46:12
35		31	34	Engert, Reinhardt	BB / SV Stahl Hennigsdorf	1950mAK70 (1)	00:38:07 (37)	01:15:58 (37)	01:54:06 (36)	00:17:13 (30)	02:11:19	00:51:36
36		32	9	Nowak, Björn	BB / Multisport-LOS	1971mAK50 (8)	00:36:23 (34)	01:14:32 (36)	01:50:56 (35)	00:20:46 (36)	02:11:42	00:51:58
37		33	18	Geike, Hans-Ulrich	BB / RSC Cottbus-Veloteam	1948mAK75 (1)	00:47:47 (38)	01:14:13 (35)	02:02:00 (37)	00:23:23 (37)	02:25:24	01:05:41
			32	Geyer, Thomas	MV / WSV Neustrelitz	1982mAK40 (0)	00:27:14 (5)	0	0	0	DNF	

Weitere Infos zu Wettkämpfen und Ergebnislisten unter [www.stoppuhr.net](http://www.stoppuhr.net),

--> **ACHTUNG!** Nicht zurück gegebene Transponder werden mit 20 Euro in Rechnung gestellt. <--



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## Übersicht der Auswertung - LM Brb. U23, Elite, Senioren - 6-18-3 km

Platz	Plw	Plm	StNr.	Name, Vorname	Bundesland / Verein	Geb. AK	Lauf 1	Rad	Lauf+Rad	Lauf 2	Endzeit	Rückst.
42				Lehmann, Ronald	BB / TVF/Erdinger Active Team	1993mAK30 (1)	00:23:48 (1)	00:45:25 (1)	01:09:14 (1)	00:10:29 (1)	01:19:43	00:00:00
36				Daßler, Ingmar	BB / TSV Cottbus	1985mAK35 (1)	00:26:37 (3)	00:46:00 (2)	01:12:38 (2)	00:12:06 (3)	01:24:45	00:05:01
22				Frank Aulich, Frank	BB / TV Fürstenwalde	1975mAK45 (1)	00:27:50 (6)	00:53:58 (11)	01:21:49 (6)	00:13:17 (9)	01:35:07	00:15:23
40				Reinwald, Jens	BB / TV Fürstenwalde 1990 e.V.	1972mAK50 (1)	00:30:57 (14)	00:51:11 (6)	01:22:08 (7)	00:15:55 (21)	01:38:04	00:18:20
43				Kulling, Marianne Juliane	BB / Schwielochsee	1997wAK25 (1)	00:27:53 (7)	00:58:56 (22)	01:26:50 (14)	00:13:03 (8)	01:39:53	00:20:09
26				Hell, Andreas	BB / MSV Tripont	1971mAK50 (2)	00:29:46 (12)	00:56:37 (15)	01:26:23 (12)	00:13:36 (11)	01:40:00	00:20:16
27				Altenkirch, Volker	BB / DLRG-Luckenwalde	1967mAK55 (1)	00:31:50 (18)	00:52:51 (7)	01:24:42 (10)	00:15:23 (19)	01:40:05	00:20:22
33				Bönisch, Sebastian	BB / TSV Cottbus	1976mAK45 (2)	00:28:12 (9)	00:58:32 (19)	01:26:44 (13)	00:13:38 (12)	01:40:23	00:20:40
23				Friese, Andreas	BB / Zeppelin Team OSC Potsdam	1967mAK55 (2)	00:31:35 (17)	00:53:48 (9)	01:25:23 (11)	00:16:30 (27)	01:41:54	00:22:10
12				Henneberg, Jens	BB / SSV Hohen Neuendorf	1980mAK40 (1)	00:30:25 (13)	00:57:41 (17)	01:28:07 (17)	00:14:10 (13)	01:42:18	00:22:34
19				Barke, Matthias	BB / Bernauer Lauffreunde eV	1976mAK45 (3)	00:33:25 (26)	00:54:39 (12)	01:28:05 (16)	00:16:04 (25)	01:44:09	00:24:26
5				Tittel, Pia	BB / Bernauer Lauffreunde	2006wJUN (1)	00:32:22 (22)	00:56:28 (14)	01:28:50 (18)	00:16:04 (24)	01:44:54	00:25:11
13				Talabudzinow, Olaf	BB / Bernauer Lauffreunde	1963mAK60 (1)	00:32:22 (21)	00:58:40 (21)	01:31:02 (21)	00:15:01 (16)	01:46:04	00:26:20
39				Haby, Dirk Markus	BB / TV Fürstenwalde 1990 e.V.	1970mAK50 (3)	00:31:18 (15)	01:00:45 (24)	01:32:03 (22)	00:14:41 (15)	01:46:45	00:27:01
38				Ribak, Lawrence	BB / TV Fürstenwalde 1990 e.V.	2005mJUN (1)	00:33:13 (25)	01:03:18 (29)	01:36:31 (27)	00:13:21 (10)	01:49:53	00:30:09
28				Kortekamp, Karsten	BB / Ruppiner Sportverein	1959mAK65 (1)	00:34:20 (30)	01:01:51 (26)	01:36:12 (26)	00:16:36 (28)	01:52:48	00:33:04
41				Reinwald, Peggy	BB / TV Fürstenwalde 1990 e.V.	1975wAK45 (1)	00:36:15 (33)	01:02:07 (27)	01:38:22 (29)	00:17:26 (32)	01:55:49	00:36:05
20				Kulling, Ulf	BB / TV Fürstenwalde	1967mAK55 (3)	00:35:05 (31)	01:06:28 (31)	01:41:33 (31)	00:18:39 (34)	02:00:12	00:40:28
15				Nabrat, Gerrit	BB / Luckauer Läuferbund	1969mAK55 (4)	00:37:02 (35)	01:10:35 (32)	01:47:37 (33)	00:18:18 (33)	02:05:56	00:46:12
34				Engert, Reinhardt	BB / SV Stahl Hennigsdorf	1950mAK70 (1)	00:38:07 (37)	01:15:58 (37)	01:54:06 (36)	00:17:13 (30)	02:11:19	00:51:36
9				Nowak, Björn	BB / Multisport-LOS	1971mAK50 (4)	00:36:23 (34)	01:14:32 (36)	01:50:56 (35)	00:20:46 (36)	02:11:42	00:51:58
18				Geike, Hans-Ulrich	BB / RSC Cottbus-Veloteam	1948mAK75 (1)	00:47:47 (38)	01:14:13 (35)	02:02:00 (37)	00:23:23 (37)	02:25:24	01:05:41